

HVH Junior Profile

Cassandra Trompetter





JUNIOR ATHLETE'S PROFILE

NAME: cassandra.

DATE OF BIRTH: Month: September Year: 2001.

SCHOOL: Our Lady of the Rosary School.

FAVOURITE TV PROGRAMME: weel of fortune.

FAVOURITE FOOD: honey.

FAVOURITE RUN: at the beach.



WHAT YOU MOST LIKE ABOUT HARRIERS:

running, it's fun, keeps you fit,
great and its good.

PLACINGS AND PERSONAL BESTS (3rd School Road Champs '05; 400m 88sec):

3rd School cross country: 2008, 2009

OTHER SPORTS PLAYED: Swimming, Jazz dancing^{cross country}.

SPORTING HERO: Nick willis and Daddy!

PARENT'S/GUARDIAN'S SIGNATURE: Parissa Trompette.
(I give my consent for my child's profile to be posted on the HVH's website)